

## Little Larks Menu - Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	Choice of cereals and toast	Choice of cereals and toast	Choice of cereals and toast	Choice of cereals and toast	Choice of cereals and toast
<b>Snack 10am</b>	Selection of fruit or vegetable sticks	Selection of fruit or vegetable sticks	Selection of fruit or vegetable sticks	Selection of fruit or vegetable sticks	Selection of fruit or vegetable sticks
<b>Lunch</b>	Jacket potato with cheese and baked beans and salad Banana and custard	Minced beef hotpot with a selection of seasonal vegetables Yoghurt	Pasta with a herb and tomato sauce and grated cheese Rice pudding and raspberries	Chicken Italian with bacon and fresh cream with rice Strawberry jelly	Homemade cheese and tomato pizza, with salad Apple crumble and custard
<b>Snack 2pm</b>	Humus and salad sticks	Breadsticks and dip	Crumpets	Cheese straws	Rice cakes
<b>Tea</b>	A selection of sandwiches and vegetable sticks Oat cookie	Cheese and crackers with salad Chocolate orange cupcake	Humus & pitta bread with vegetable sticks Cherry Flapjack	Mini quiches with salad sticks Fromage frais	Beans on toast Fruit salad

A vegetarian option will be available on request.  
Please let a member of staff know if there are any allergies with any of the choices on the menu.  
Items may be substituted.

